Label the parts of the heart. Use the words from the word bank to help you.	Draw a line from each word to its function.	
pulmonary artery (left)aortaright ventriclepulmonary artery (right)left atriumright atriumright pulmonary veinsleft ventricleaortic valveleft pulmonary veinsleft ventricleaortic valve	veins	To carry blood <b>away</b> from the heart either to the lungs to be reoxygenated or to the rest of the body.
superior vena cava	capillaries	To carry blood <b>to</b> the heart either from capillaries to be pumped to the lungs to be reoxygenated or from the lungs to be pumped around the body again. To allow for the exchange of oxygen and carbon dioxide and nutrients throughout the body.
Name two organs involved with the circulatory system and	What are the muscles	called that are found in-between each rib?



What gas is needed when we inhale?	Give three benefits of taking regular exercise.
What gas do we exhale?	1.
Name three ways smoking can affect the body.	3.
•	Join up each nutrient to the job it performs in the human body.
·	carbohydrate To provide energy.
	protein To keep you healthy.
	fat To help move food around the body.
	fibre To provide energy and keep us warm
	vitamins and minerals To help us grow and repair.



Write <b>true</b> or <b>false</b> next to each statement. Nutrients and water are absorbed in the lungs and heart Nutrients enter the bloodstream via the capillaries where they are passed through to the arteries The blood is circulated throughout the body (including being oxygenated in the lungs) Nutrients are absorbed by the cells that need them and water is absorbed by all cells Circle the possible effects of people drinking too much alcohol	Put these parts of the digestive system in the order of which food goes through them:      stomach, small intestine, mouth, rectum, large intestine, oesophagus      1.      2.      3.      4.      5.      6.
over a long period of time.	
high blood pressure improved brain function addiction liver damage shallow breathing stomach cancer	Write true or false next to each statement.      All drugs are illegal      All drugs are harmful      Alcohol, cannabis and nicotine are all drugs      Vaping cigarettes aren't drugs
	Vaping cigarettes are totally harmless.



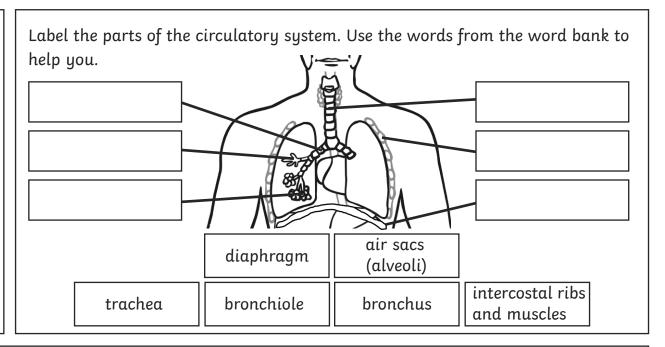
Fill in the missing letters to work out the terms.

Stomach acids break food down in to:

c\_y\_e

The place where bile and enzymes break down larger bits of food into smaller parts.

d\_o\_e\_u\_



Match the parts of the digestive system with their function.

tongue	
oesophagus	
pancreas	
liver	
gall bladdei	

To transport food to the stomach.

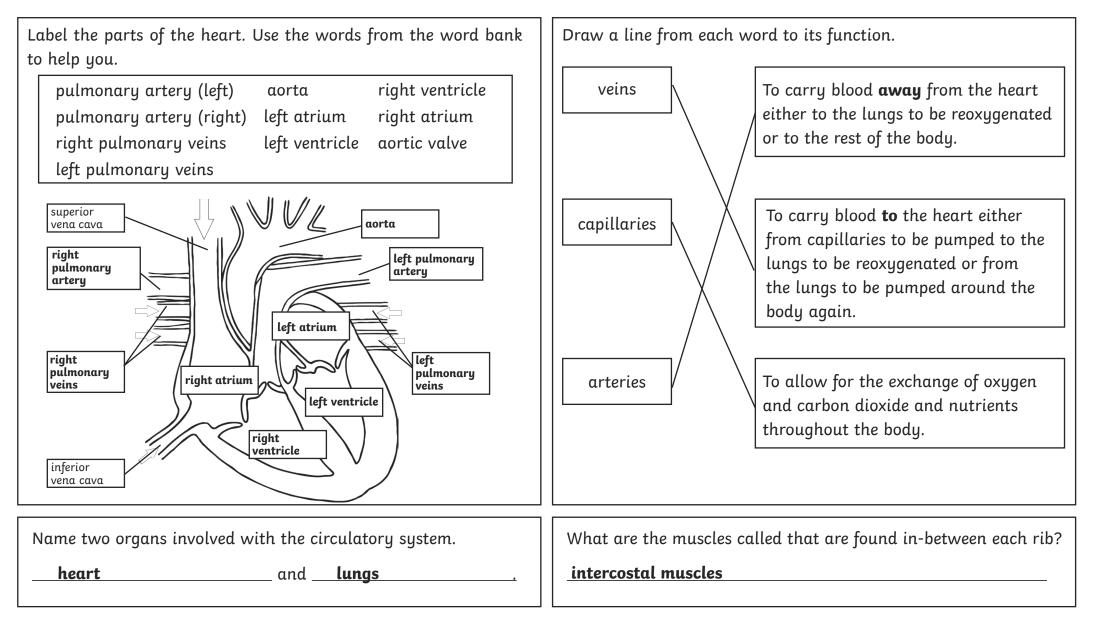
To produce the bile that breaks down fats.

To mix food with saliva so that it can be swallowed.

To produce the enzymes that break down fats, carbohydrates and proteins.

To store bile and release it into the duodenum when needed.







What gas is needed when we inhale?

oxygen

What gas do we exhale?

carbon dioxide

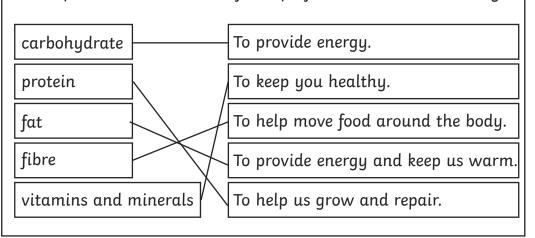
Name three ways smoking can affect the body. **Answers could include:** 

- smoking can cause high blood pressure
- smoking can increase the risk of a heart attack or stroke
- smoking can cause cancers, such as lung or mouth cancer
- $\boldsymbol{\cdot}$  smoking can cause the skin to prematurely age
- smoking can weaken bones

Give three benefits of taking regular exercise.

Answers could include:

- that it strengthens muscles (including the heart)
- it improves circulation
- $\boldsymbol{\cdot}$  it increases the amount of oxygen going around the body
- it releases brain chemicals to make you feel happy/calm
- it helps you to sleep better
- it strengthens bones





Join up each nutrient to the job it performs in the human body.

Write **true** or **false** next to each statement.

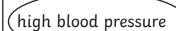
Nutrients and water are absorbed in the lungs and heart. **False** 

Nutrients enter the bloodstream via the capillaries where they are passed through to the arteries. **<u>True</u>** 

The blood is circulated throughout the body (including being oxygenated in the lungs). <u>**True**</u>

Nutrients are absorbed by the cells that need them and water is absorbed by all cells. <u>**True**</u>

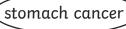
Circle the possible effects of people drinking too much alcohol over a long period of time.



) improved brain function (addiction)

liver damage

shallow breathing



Put these parts of the digestive system in the order of which food goes through them:

stomach, small intestine, mouth, rectum, large intestine, oesophagus

- 1. mouth
- 2. oesophagus
- 3. stomach
- 4. small intestine
- 5. large intestine
- 6. rectum

Write **true** or **false** next to each statement.

All drugs are illegal. **False** 

All drugs are harmful. **False** 

Alcohol, cannabis and nicotine are all drugs. True

Vaping cigarettes aren't drugs. **False** 

Vaping cigarettes are totally harmless. **False** 



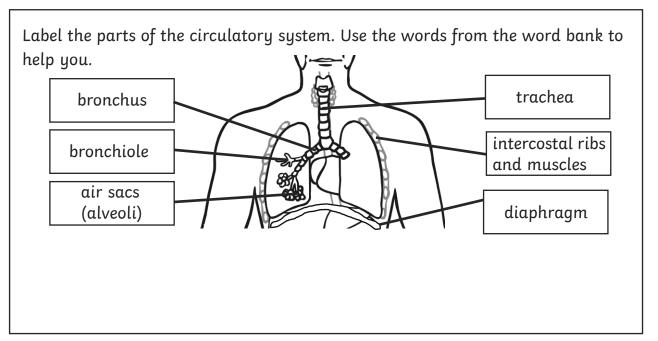
Fill in the missing letters to work out the terms.

Stomach acids break food down in to:

c <u>h</u> y <u>m</u> e

The place where bile and enzymes break down larger bits of food into smaller parts.

d **u** o **d** e **n** u **m** 



Match the parts of the digestive system with their function.		
tongue	To transport food to the stomach.	
oesophagus	To produce the bile that breaks down fats.	
pancreas	To mix food with saliva so that it can be swallowed.	
liver	To produce the enzymes that break down fats, carbohydrates and proteins.	
gall bladder	To store bile and release it into the duodenum when needed.	

